

STATEMENT OF PURPOSE

Personal Introduction

My name is, born on, and I am a permanent resident of and hold a Nepali passport (passport no.). Currently, I live I am very passionate, caring and reliable individual with a passion for healthcare and service to the community. My aspiration to contribute meaningfully to people's health and wellbeing has led me to pursue a BSc (Hons) in Adult Nursing at the University of Greenwich, United Kingdom.

Academic Background

I have always been an active and enthusiastic student who takes my education seriously, which is clearly reflected in the good grades I have achieved. I completed my Secondary Education Examination (SEE) from with a GPA of I ensured my high school level examination in Science faculty securing Cumulative Grade Point Average with GPA of in 2023 AD in grade XI and GPA in grade XII in 2024 AD from Trinity International Secondary School.

For my further studies, I wanted to expand my knowledge on an international platform, so I began exploring options for pursuing my bachelor's degree abroad. My interest in earning an international qualification motivated me to prepare for the IELTS, which was a required component of the admission process. I achieved an overall score of 8.0, with individual scores of: Speaking - 6.5, Listening - 9.0, Writing -7.0, and Reading - 9.0. This result has made me confident and well-qualified for the course I have applied to at the University of Greenwich.

Why the United Kingdom?

The United Kingdom is world renowned for expertise in terms of health and life sciences education, globally. It has made it to the top three countries in the world Education Index published by United Nations Development Program (UNDP). Most UK institutions appear in the QS World University Rankings, providing education with wide academic standards and applicable professional relevance.

One of the major advantages of studying in the UK is the shorter course duration. Most undergraduate programs take only three years to complete, which allows students, especially international students, to start working or continue their further studies much sooner. This is especially beneficial in fields like nursing where practical experience and quick career

progression are important. Healthcare education in the UK is closely connected to the world-renowned National Health Service (NHS), ensuring that the curriculum is aligned with real public health needs. Nursing students receive early exposure to real clinical environments through placements and laboratory training, where they are guided step by step by experienced professionals. These clinical placements prepare students to become confident, competent, and ready to provide high-quality care as soon as they graduate.

The Graduate Route visa also allows international students to stay in the UK for two years after completing their studies. This provides an excellent opportunity to gain real-world experience in one of the world's leading healthcare systems. In addition, the UK is a highly multicultural society, where international students are made to feel welcome and well supported throughout their studies.

Why University of Greenwich?

I am highly motivated to pursue a Bachelor's degree in Adult Nursing at the University of Greenwich due to its strong reputation in nursing education and its focus on student satisfaction and support. Greenwich has consistently been recognized for its excellence in nursing, including being ranked number 1 in London for student satisfaction with teaching in adult nursing (Guardian League Tables 2022) and achieving 99% overall student satisfaction in adult nursing (2022 National Student Survey). Additionally, it is ranked joint 2nd in London for student satisfaction in nursing (Complete University Guide League Tables 2025) and among the top four nursing schools in London (Complete University Guide 2025). These accolades highlight the university's commitment to high-quality teaching, practical training, and student-centered support.

The program is accredited by the Nursing and Midwifery Council, indicating that it meets all professional requirements for the education of future registered nurses to practice in the UK. Students enjoy extensive clinical placements, mostly within NHS trusts, with direct hands-on experience in the university's modern simulation suite. These opportunities help students develop practical skills, clinical confidence, and the ability to provide high-quality care. This course combines real-world experiences with the guidance of experienced professionals to equip students with the knowledge, empathy, and professionalism they need to succeed in nursing. Strong links with the healthcare sector will provide excellent opportunities for future employment and career development.

Along with academic excellence, the University of Greenwich encompasses a friendly and inclusive atmosphere for students. Greenwich is internationally known, its overall university ranking in the range of #501–600, and its clinical and health programs generally in the range of #301–400. Its location within London provides access to world-class hospitals and health institutions, thus enriching both academic and practical learning experiences. As an international student, I value the welcoming atmosphere, personalized support, and comprehensive student services at Greenwich. I am confident that studying here will help me achieve my goal of becoming a skilled and compassionate nurse while growing up as a capable and confident individual ready to make a positive impact on people's lives.

Why BSc (Hons) in Adult Nursing?

I chose Bachelor's of Adult Nursing because it is perfect for my interest in academics and sustainable career goals. With my growing interest, I always wanted to know the working principle of nursing, how resources and people are handled by nurses. Pursuing this bachelor's degree will provide me with all the answers to my questions through practical and theoretical knowledge. Flexibility, hands-on experiences, connections, and leadership are provided by this program, which will open opportunities for a professional career and, internship. The course duration is 3 years. What attracts me more is the program's structure with the combination of clinical placements in university-based learning in community health setting and hospitals. I have always been more interested in a career where I can contribute to well-being of being and I found nursing is a perfect choice for both challenging and deeply fulfilling path.

1. Core Modules (by Year)

Year 1: Lays the foundational knowledge and skills in nursing through the following modules:

- Anatomy, Physiology and Pharmacology (30 credits)
- Individual Health & Well-Being (30 credits)
- Foundations of Nursing Practice (Adult Nursing) (30 credits)
- Practice Learning 1
- Academic Skills Development – Nursing, Midwifery & Paramedic Science (30 credits)

Year 2: Focuses on deepening clinical knowledge and practical skills:

- Pathophysiology: Illness and its Impact upon Individuals (15 credits)
- Recognizing and Managing Individual Needs (30 credits)

- Developing Adult Nursing Practice (30 credits)
- Practice Learning 2 (Adult Nursing)
- Medicines Management (15 credits)
- Understanding Research in Evidence-Based Practice (30 credits)

Year 3: Prepares students for advanced practice and professional leadership:

- Preparation for Professional Practice (30 credits)
- Advancing Adult Nursing Practice (30 credits)
- Consolidating Adult Nursing Practice (30 credits)
- Practice Learning 3 (Adult Nursing)
- Exploring Evidence for Professional Practice (30 credits)

2. Learning & Teaching Methods

- Theory and Practice Mix: Combines lectures, seminars, group work, self-study, and online learning with practical exercises to develop both academic knowledge and hands-on skills.
- Clinical Simulation Centres: Modern, realistic labs with patient simulators and role-players, allowing students to practice and refine their skills before placements in real clinical settings.
- Interprofessional Education: Opportunities to learn alongside students from other healthcare disciplines, fostering teamwork and collaborative practice in professional healthcare environments.

3. Clinical Placements & Accreditation

- Placements: Students spend about half of each year in hospitals or community settings, gaining hands-on experience in wards, operating theatres, Emergency Departments, nursing homes, and district nursing. Placements help develop teamwork, communication, and patient-centered care skills.
- Supervision and Assessment: Each student has a practice supervisor to guide learning and a practice assessor to evaluate progress.
- Career Opportunities: Graduates can work in hospitals, community health services, intensive care, nursing homes, or district nursing, managing acute and long-term illnesses while promoting health and well-being.

- **Professional Standards:** Approved by the Nursing and Midwifery Council (NMC), ensuring graduates are eligible to register as adult nurses in the UK.
- **Employability Support:** The university provides guidance on CVs, applications, interviews, internships, and graduate jobs to support career development.

Principles and Core Values of Nursing

Nursing is guided by foundational principles that ensure the safe, compassionate, and ethical care of patients. These include upholding dignity, ensuring patient safety, respecting human rights, maintaining confidentiality, and advocating for the patient's best interests. Effective communication, critical thinking, and commitment to lifelong learning are essential for nurses to deliver person-centered care across varied clinical situations. These principles enable nurses to maintain professional standards while adapting to the diverse and evolving needs of the healthcare system.

Health is changing a fast world, proper education and knowledge regarding nursing for problem-solving skills, creation of sustainable plans and policies in health sector, and acknowledging opportunities, especially in developing nations like Nepal. Nursing has important foundation on is the 6Cs principle that includes:

1. **Care:** Caring patients with a hold heart and not letting them face any problems.
2. **Compassion:** I wish to treat my patients, not just in medical way but also emotionally and respectfully.
3. **Competence:** This is about being clinically skilled, sometimes I feel to master through supervised placements.
4. **Communication:** Communication is the key- I want to deliver safe, empathetic, and patient centered.
5. **Courage:** Making critical decisions, adapting in crisis and speaking up for patients needs courage.
6. **Commitment:** Commitment is what keeps me striving for learning and excellence in nursing field.

These principles and values are not only theoretical; they are directly applicable in clinical practice. For instance, maintaining competence and communication is vital in emergency settings, while compassion and care enhance patient recovery and satisfaction. Courage and commitment are critical when dealing with ethical dilemmas or advocating for vulnerable

patients. As I advance in my nursing education and eventually return to Nepal, I plan to apply these core values to improve healthcare delivery, promote patient advocacy, and uphold global standards of care. These principles will also guide me in mentoring future nurses and possibly leading initiatives that strengthen ethical and patient-centered practices in rural healthcare settings.

Future Career Plans

Pursuing this course will help me to get constructive knowledge and work with every individual directly while promoting health services. After accomplishing bachelor's this will help me to maintain roles which will help me to contribute to health affairs. I can work as Registered Nurse (RN), mental health nurse, emergency or critical care nurse which are important for response of health. I want to join different industry-based projects and also apply for a role in Dhulikhel Kathmandu, Okhaldhunga Community Hospital (OCH), Nepal Health Corps (NHC), or any packaging company. I want to get linked with professionals through nursing events and www.linkedin.com > jobs. I want to work for both governmental and non-governmental industries. Also, I will also learn to promote safety, independence, contribute to maintain the personal hygiene, right of clients with the Personal Support Worker (PSW).

My long-term goal to come back to Nepal after accomplishing my education in the UK is consumed by a mighty sense of ambition, belonging, and commission. I want to pursue further education in Master of Nursing (MN), Master of Public Health (MPH), Master of Health Administration (MHA), or work in leadership projects related to health. Nepal drew me toward goals that target national health problems, together with sustainable health development. After accomplishing my bachelors in the United Kingdom, I can explore the roles of health services coordinator, support worker, like the Nepal Red Cross Society (NRCS), Patan Academy of Health Sciences (PAHS), and different hospital which hires nurse.

I want to use the practical knowledge I gained on an international platform to create a better working environment for upcoming nurse in Nepal. With the skills and constructive knowledge, I gain from studying in the UK, I will grow into leadership roles. My vision will be to adopt the arrangements, guidelines, scientific, and association engagement skills learned from UK. When I come back to my home country, I also want to inspire the young generation to have more effective and sustainable plans or goals about health strategies and train them to

work on strong hands-on capacity-building programs in local areas. My study in the international field will grant me the ability to fill that gap.

Additionally, I am individually inspired by the anticipation of giving back to the public. I also have mighty people ties in Nepal, and I'm intensely invested in the contentment of my hometown. UK is my destination to advance globally named education, but not a way to emigrate permanently. The culture, economy, and social connections that I have in my country cannot be regained by professional convenience abroad. UK is my destination to pursue a world-class education, but not a path to permanent immigration. The culture, economy, and social connections that I have in my country cannot be regained by professional convenience.

Conclusion

I believe that studying BSc (Hons) in Adult Nursing at the University of Greenwich is the ideal next step in my academic and professional journey. With a strong academic background, sincere motivation, and a clear sense of purpose, I am fully prepared to take on this opportunity and contribute meaningfully to the healthcare sector both in the UK during my training and back in Nepal upon my return.

Thank you for considering my application.

Sincerely,